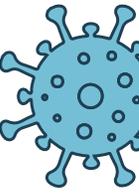


Self-Testing Fast Facts



COVID-19 self-tests (also referred to as home tests or over-the-counter (OTC) tests) are one of many risk-reduction measures, along with vaccination, masking, and physical distancing, that protect you and others by reducing the chances of spreading SARS-CoV-2, the virus that causes COVID-19.

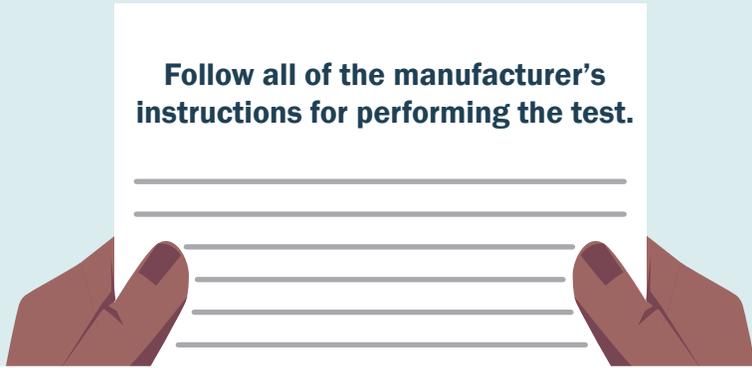


Self-tests can be taken at home or anywhere, are easy to use, and produce rapid results.

You can use self-tests, regardless of vaccination status, or whether or not you have symptoms.



Follow all of the manufacturer's instructions for performing the test.



Consider using a self-test before joining indoor gatherings with others who are not in your household.



 **Stay Home!**



A positive self-test result means that the test detected the virus, and you are very likely infected. To reduce the risk of spreading disease, you should stay home or isolate for 10 days and wear a mask if you could have contact with others. Remember to inform your healthcare provider and any close contacts about your positive result. Close contacts may need to stay home or take extra steps to prevent spreading disease to others.



A negative self-test result means that the test did not detect the virus and you may not have an infection, but it does not rule out infection. Repeating the test within a few days, with at least 24 hours between tests, will increase the confidence that you are not infected.

