



**WHAT:** *CarFit* is coming to Dimondale, MI to offer area senior drivers a free opportunity to check how their cars “fit” them.

Developed by AARP and the American Occupational Therapy Association (AOTA) in partnership, *CarFit*’s trained professionals take older drivers through a 12-point checklist with their vehicle, recommending minor adjustments that help make their cars “fit” better for comfort and safety. An occupational therapist is also on hand to provide information to seniors on how to maintain and strengthen driving health.

**WHY:** By 2030, there will be an estimated 58.9 million people aged 65 and older -that's 1 in 5 people. They're expected to represent 1 in 4 licensed drivers at that time. Personal mobility is critical for healthy aging, but as our bodies change as we age, ill-fitting vehicles can make it uncomfortable and unsafe to drive. Additionally, due to fragility, older drivers have the highest crash death rate per mile of everyone except teenagers. *CarFit* is a tool that can work to help keep seniors safer behind the wheel.

**WHEN:** Tuesday, July 29, 2025, 9:00 am – 12:00 pm

**WHERE:** Michigan State Police Headquarters  
7150 Harris Dr, Dimondale, Michigan 48821

**CONTACT:** Tera Richards, CarFit Event Coordinator, to Reserve your CarFit Check at (616) 420-4606