

MARCH VIRTUAL AND DIAL-IN SUPPORT GROUPS

Statewide Caregiver Support Groups

Tuesday, March 9, 1-2:30 p.m. | [Register](#)
 Wednesday, March 10, 2-3 p.m. | [Register](#)
 Thursday, March 11, 10-11 a.m. | [Register](#)
 Tuesday, March 16, 2-3 p.m. | [Register](#)
 Tuesday, March 16, 5-6 p.m. | [Register](#)
 Tuesday, March 23, 2-3 p.m. | [Register](#)
 Wednesday, March 24, 3:30-4:30 p.m. (CT) | [Register](#)
 Wednesday, March 24, 3:30-5 p.m. | [Register](#)
 Wednesday, March 24, 6-7 p.m. | [Register](#)
 Thursday, March 25, 2-3 p.m. (CT) | [Register](#)
 Thursday, March 25, 7-8 p.m. | [Register](#)

Area Caregiver Support Groups

Three Rivers | Tuesday, March 2, 6-7:30 p.m. | [Register](#)
 Northville | Tuesday, March 2, 6:30-8 p.m. | [Call Helpline](#)
 Washtenaw County | Wednesday, March 3, 3-4:30 p.m. | [Register](#)
 Grand Rapids | Wednesday, March 3, 6:30-8 p.m. | [Register](#)
 Livonia | Thursday, March 4, 10-11 a.m. | [Register](#)
 Grand Rapids | Thursday, March 4, 12:30-2 p.m. | [Register](#)
 Muskegon | Thursday, March 4, 1-2:30 p.m. | [Register](#)
 Okemos | Thursday, March 4, 7-8:30 p.m. | [Register](#)
 Sandusky | Friday, March 5, 1-2:30 p.m. | [Register](#)
 Lenawee County | Monday, March 8, 2-3:30 p.m. | [Register](#)
 Washtenaw County | Monday, March 8, 3-4:30 p.m. | [Register](#)
 Macomb County | Monday, March 8, 6-7 p.m. | [Register](#)
 Manistee | Monday, March 8, 6-7:30 p.m. | [Register](#)
 Grand Traverse | Monday, March 8, 7-8:30 p.m. | [Register](#)
 Orion Township | Tuesday, March 9, 10:30-11:30 a.m. | [Register](#)
 Grand Blanc | Tuesday, March 9, 6-7 p.m. | [Register](#)
 Central Mich. | Tuesday, March 9, 6-8 p.m. | [Register](#)
 Petoskey | Wednesday, March 10, 2-3:30 p.m. | [Register](#)
 Kalamazoo | Wednesday, March 10, 5:30-7 p.m. | [Register](#)
 Washtenaw County | Wednesday, March 10, 6:30-8 p.m. | [Register](#)
 Davison | Thursday, March 11, 10-11 a.m. | [Register](#)
 Mason | Monday, March 15, 5:30-7:30 p.m. | [Register](#)
 Ionia | Tuesday, March 16, 12:30-1:30 p.m. | [Register](#)
 Grand Haven | Tuesday, March 16, 6:30-7:30 p.m. | [Register](#)
 East Lansing (Men's discussion group) | Wednesday, March 17,
 10 a.m.-noon | [Register](#)
 Macomb County | Wednesday, March 18, 1-2 p.m. | [Register](#)
 Gladwin | Wednesday, March 17, 4-5 p.m. | [Register](#)
 Detroit | Thursday, March 18, noon-1 p.m. | [Register](#)
 Grand Rapids | Thursday, March 18, 12:30-2 p.m. | [Register](#)

Area Caregiver Support Groups (cont.)

Auburn Hills | Thursday, March 18, 6-7 p.m. | [Register](#)
 Grand Rapids | Saturday, March 20, 11 a.m.-noon | [Register](#)
 Ann Arbor | Monday, March 22, noon-1 p.m. | [Register](#)
 Grand Traverse | Monday, March 22, 7-8:30 p.m. | [Register](#)
 Byron Center | Tuesday, March 23, 9:30-11 a.m. | [Register](#)
 Port Huron | Tuesday, March 23, 2-3:30 p.m. | [Register](#)
 Lapeer | Wednesday, March 24, 6-7 p.m. | [Register](#)
 Washtenaw County | Wednesday, March 24, 6:30-8 p.m. | [Register](#)
 St. Clair | Thursday, March 25, 1-2 p.m. | [Register](#)
 Monroe County | Thursday, March 25, 6-7 p.m. | [Register](#)
 Lenawee County | Thursday, March 25, 6:30-8 p.m. | [Register](#)
 Troy | Wednesday, March 31, 4-5:30 p.m. | [Call Helpline](#)

Early-Stage Person with Dementia Support Groups

Thursday, March 11, 1-2 p.m. | [Call Helpline](#)
 Thursday, March 25, 1-2 p.m. | [Call Helpline](#)

Early-Stage Caregiver Support Groups

Tuesday, March 2, 1-2:30 p.m. | [Register](#)
 Lansing | Thursday, March 4, 11 a.m.-noon | [Register](#)
 Tuesday, March 9, 1-2:30 p.m. | [Register](#)
 Wednesday, March 10, 6-7:30 p.m. | [Register](#)
 Tuesday, March 16, 1-2:30 p.m. | [Register](#)
 Tuesday, March 23, 1-2:30 p.m. | [Register](#)
 Tuesday, March 30, 1-2:30 p.m. | [Call Helpline](#)

Younger-Onset Caregiver Support Groups

West Mich. | Tuesday, March 9, 7-8:30 p.m. | [Register](#)
 Wednesday, March 10, 5:30-7 p.m. | [Register](#)
 Wednesday, March 24, 5:30-7 p.m. | [Register](#)

Spanish Speaking/en Español

Statewide | Tuesday, March 9, 5-6 p.m. | [Register](#)

Get the emotional support you need. Listen to and share experiences, tips and information, and offer support in a setting facilitated by trained volunteers. Free and offered virtually and/or over the phone. Support groups are for individuals affected by dementia and their caregivers.

Visit alz.org/crf, email helplinegmc@alz.org or call **800.272.3900** to register

