

### MAY VIRTUAL AND DIAL-IN SUPPORT GROUPS

#### Statewide Caregiver Support Groups

Wednesday, May 12, 2-3 p.m. | [Register](#)  
 Thursday, May 13, 10-11 a.m. | [Register](#)  
 Tuesday, May 18, 2-3 p.m. | [Register](#)  
 Tuesday, May 18, 5-6 p.m. | [Register](#)  
 Tuesday, May 25, 2-3 p.m. | [Register](#)  
 Wednesday, May 26, 3:30-4:30 p.m. (CT) | [Register](#)  
 Wednesday, May 26, 3:30-5 p.m. | [Register](#)  
 Wednesday, May 26, 6-7 p.m. | [Register](#)  
 Thursday, May 27, 2-3 p.m. (CT) | [Register](#)  
 Thursday, May 27, 7-8 p.m. | [Register](#)

#### Area Caregiver Support Groups

Grand Traverse | Monday, May 3, 7-8:30 p.m. | [Register](#)  
 Three Rivers | Tuesday, May 4, 6-7:30 p.m. | [Register](#)  
 Northville | Tuesday, May 4, 6:30-8 p.m. | [Register](#)  
 Washtenaw County | Wednesday, May 5, 3-4:30 p.m. | [Register](#)  
 Grand Rapids | Wednesday, May 5, 6:30-8 p.m. | [Register](#)  
 Livonia | Thursday, May 6, 10-11 a.m. | [Register](#)  
 Grand Rapids | Thursday, May 6, 12:30-2 p.m. | [Register](#)  
 Flushing | Thursday, May 6, 2-3 p.m. | [Register](#)  
 Okemos | Thursday, May 6, 7-8:30 p.m. | [Register](#)  
 Sandusky | Friday, May 7, 1-2:30 p.m. | [Register](#)  
 Lenawee County | Monday, May 10, 2-3:30 p.m. | [Register](#)  
 Washtenaw County | Monday, May 10, 3-4:30 p.m. | [Register](#)  
 Macomb County | Monday, May 10, 6-7 p.m. | [Register](#)  
 Manistee | Monday, May 10, 6-7:30 p.m. | [Register](#)  
 Orion Township | Tuesday, May 11, 10:30-11:30 a.m. | [Register](#)  
 Waterford | Tuesday, May 11, 1-2:30 p.m. | [Register](#)  
 Grand Blanc | Tuesday, May 11, 6-7 p.m. | [Register](#)  
 Central Mich. | Tuesday, May 11, 6-8 p.m. | [Register](#)  
 Petoskey | Wednesday, May 12, 2-3:30 p.m. | [Register](#)  
 Kalamazoo | Wednesday, May 12, 5:30-7 p.m. | [Register](#)  
 Washtenaw County | Wednesday, May 12, 6:30-8 p.m. | [Register](#)  
 Davison | Thursday, May 13, 10 a.m.-noon | [Register](#)  
 West Bloomfield | Thursday, May 13, 1:30-3 p.m. | [Register](#)  
 South Lyon | Thursday, May 13, 6-7:30 p.m. | [Register](#)  
 Grand Rapids | Saturday, May 15, 11 a.m.-noon | [Register](#)  
 Mason | Monday, May 17, 5:30-7:30 p.m. | [Register](#)  
 Grand Traverse | Monday, May 17, 7-8:30 p.m. | [Register](#)  
 Grand Haven | Tuesday, May 18, 6:30-7:30 p.m. | [Register](#)  
 Ionia | Wednesday, May 19, 10-11 a.m. | [Register](#)  
 East Lansing (Men's discussion group) | Wednesday, May 19, 10 a.m.-noon | [Register](#)  
 Macomb County | Wednesday, May 19, 1-2 p.m. | [Register](#)

#### Area Caregiver Support Groups (cont.)

Central Mich. | Wednesday, May 19, 4-5 p.m. | [Register](#)  
 Detroit | Thursday, May 20, noon-1 p.m. | [Register](#)  
 Grand Rapids | Thursday, May 20, 12:30-2 p.m. | [Register](#)  
 Auburn Hills | Thursday, May 20, 6-7 p.m. | [Register](#)  
 Ann Arbor | Monday, May 24, noon-1 p.m. | [Register](#)  
 Southfield | Monday, May 24, 5:30-7 p.m. | [Register](#)  
 Byron Center | Tuesday, May 25, 9:30-11 a.m. | [Register](#)  
 Rochester | Tuesday, May 25, 12:45-1:45 p.m. | [Register](#)  
 Port Huron | Tuesday, May 25, 2-3:30 p.m. | [Register](#)  
 Lapeer | Wednesday, May 26, 6-7 p.m. | [Register](#)  
 Washtenaw County | Wednesday, May 26, 6:30-8 p.m. | [Register](#)  
 Monroe County | Thursday, May 27, 6-7 p.m. | [Register](#)  
 Lenawee County | Thursday, May 27, 6:30-8 p.m. | [Register](#)  
 St. Clair | Thursday, May 27, 1-2 p.m. | [Register](#)  
 Grand Traverse | Monday, May 31, 7-8:30 p.m. | [Register](#)

#### Early-Stage Person with Dementia Support Groups

Thursday, May 13, 1-2 p.m. | [Call Helpline](#)  
 Thursday, May 27, 1-2 p.m. | [Call Helpline](#)

#### Early-Stage Caregiver Support Groups

Tuesday, May 4, 1-2:30 p.m. | [Register](#)  
 Lansing | Thursday, May 6, 11 a.m.-noon | [Register](#)  
 Tuesday, May 11, 1-2:30 p.m. | [Register](#)  
 Wednesday, May 12, 6-7:30 p.m. | [Register](#)  
 Tuesday, May 18, 1-2:30 p.m. | [Register](#)  
 Tuesday, May 25, 1-2:30 p.m. | [Register](#)

#### Younger-Onset Caregiver Support Groups

West Mich. | Tuesday, May 11, 7-8:30 p.m. | [Register](#)  
 Wednesday, May 12, 5:30-7 p.m. | [Register](#)  
 Wednesday, May 26, 5:30-7 p.m. | [Register](#)

#### Spanish Speaking/en Español

Statewide | Tuesday, May 11, 5-6 p.m. | [Register](#)

*Get the emotional support you need. Listen to and share experiences, tips and information, and offer support in a setting facilitated by trained volunteers. Free and offered virtually and/or over the phone. Support groups are for individuals affected by dementia and their caregivers.*

Visit [alz.org/crf](http://alz.org/crf), email [helplinegmc@alz.org](mailto:helplinegmc@alz.org) or call **800.272.3900** to register

